

# One Pot Chicken Fried Rice

- 20min prep time
- 20min total time
- 7 ingredients
- 6 servings

3 tablespoons vegetable oil  
3 eggs, slightly beaten  
2 cups fresh stir-fry vegetables, cut in  
bite-size pieces, if necessary  
2 cloves garlic, finely chopped  
4 cups cooked rice  
2 cups shredded cooked chicken  
1/3 cup soy sauce



1. In 12-inch nonstick skillet, heat 1 tablespoon of the oil over medium-high heat. Add eggs; cook and stir until eggs are set. Remove from skillet.
2. In same skillet, heat remaining 2 tablespoons oil over medium-high heat. Add vegetables and garlic; cook 4 to 5 minutes, stirring occasionally, until crisp-tender. Stir in rice, chicken, eggs and soy sauce; cook 4 to 5 minutes, stirring frequently, until thoroughly heated.